

HELPING OUR HEROES

Contact Info: Office: (517) 974-0987

On the Web: www.helpingourheroesmichigan.org



Thank you for your donation... \$20.00 will help to prepare Veterans for winter by supplying:

clothes

blankets

resource phone numbers

personal hygiene packs

and healthy food (not processed crap)



Let's talk numbers:

- The portion of the US population who are veterans of the armed forces: 8%.
- The portion of the homeless population represented by veterans: 15.9%.
- 1 in 5 soldiers deployed since 2001 are suffering from PTSD or TBI (Traumatic Brain Injury).
- "22 Veteran Suicides per Day" is actually 35 per Day.
- Veterans diagnosed with PTSD or depression were four times more likely to suffer from drug or alcohol disorders.
- Up to 40% of Iraq/Afghanistan War veterans at VHA receive a triple diagnosis of PTSD, TBI and chronic pain.
- Between 2001 and 2012, VA opioid prescriptions per patient increased 165%.



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